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[Subject]

[Date]

Chapter 9

Alcohol consumption is a very common phenomenon observed on a daily basis in many situations. It is usually carried on in parties, social gatherings while traveling, with friends and alone. People of every age consume it but it is more common in youngsters, especially teenagers and people below 25 (Traversy). A human liver can process only one drink at a time, while the remaining alcohol will remain in the body, making it saturated with alcohol. The after effects of alcohol also include hangover, which may remain from 10 to 24 hrs after heavy consumption of alcohol. The symptoms of alcohol may include drowsiness, headache, and nausea.

Although it is a very common phenomenon and people can be seen drinking occasionally, medical specialists consider it a very harmful and dangerous phenomenon for health. Alcohol has both long term effects and short term effects. The short term effects are not as much harmful but the longer term effects are much harmful and can even prove to be fatal. The short term effects include clumsiness, vomiting, drowsiness, slurred speech, loss of consciousness and lapses in memory (Debra Sullivan). Whereas the long term effects include liver diseases, vitamin deficiencies, brain and nerve damage, stomach ulcers, immune system dysfunction and even cancer. As alcohol travels in the bloodstream, it reaches every organ and is harmful to the whole body.

Alcohol consumption is also shown very frequently in the media, especially in movies and TV series. This phenomenon has not been started today but from the very beginning, when the movie making had just started (Hart). The portrayal of alcohol has significantly been shown in a positive light in the media. It is shown as a symbol of status, class or celebration among the friends in many types of media, even in children’s shows and cartoons, which is a very negative trend.

Works Cited

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