Sex Peep Bio Paper

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**Introduction**

A human being is the most perfect creation by the Creator. Human bodies are complex and sophisticated forms of functioning machines that work in tandem to keep a balance in both the body and mind. The human body is composed of many systems that help in maintaining this balance. One of the major systems in this respect is the reproductive system. Humans have generally been divided into two broader categories according to the functioning of their reproductive systems; Male and Female.

Just like every other system in the body, the reproductive system also requires maintenance and check-up. However, working in a profession that includes even the slightest mention of sex or sexuality raises many eyebrows (Strean, 2018). When a person mentions that he or she works in a profession that involves sex, sexuality and even gender, most of the people already jump to the conclusion that the person might be giving sexual favors in return for money or cash. However, the case may be completely opposite. This judgmental nature of the society does not allow the people performing in such professions work in harmony (Briken, Habermann, Berner, & Hill, 2007). These people are always in danger of being judged or being rejected by society. I have always been interested in such people who push the boundaries and indulge i professions that are risky. For this purpose, I decided to conduct a research and write a research paper on one of the individuals who chose to go against the norms and adopted such a profession.

**Discussion**

1. **Sex Peep’s Sexuality Profession**

The person who was selected for an interview or research on this topic was a sex therapist who used to work in the area of therapy for the benefit of the couples or individuals facing issues regarding their sex life (LoPiccolo, & LoPiccolo, 2012). The sex therapist whom I met was Mr. ABC, who was working in New York. He had graduated in the area of sex patterns and therapy from Harvard University and had been working in the area for more than 20 years. Apart from the specialization or the degree that he had got, Dr. ABC had also done multiple diplomas and certifications in the specific area. In addition to this, he had attended and even conducted numerous pieces of training, conferences, and seminars both at national and international levels.

1. **Sex Peep’s Area of Expertise or Research**

The person who was selected for the purpose of this specific research area was a sex therapist (as described earlier). The field of sex therapy is very broad and includes a number of specializations in it, for example, physical therapists like gynecologists and psychological therapists. Dr. ABC deals with psychological issues of the patients who suffer from problems in their sex lives.

1. **Research Question to be Discussed**

The basic purpose of this research was to look into the life of a sex therapist. This research paper intends to discuss the profession in detail and how the expert or the professional carried on his or her activities. Gaining knowledge and discussing the problems that a sex peep or sex professional had to face in the profession was also one of the important purposes of this research paper.

1. **Three keywords or subject items used for searching**

I did not rely on a single term or keyword while conducting the research for this research paper. There were a number of terms that were used in order to provide the most specific and accurate data that can be most suitable for this research paper. The most prominent terms used in various search engines were:

* Sexologists in the United States
* Sex Professionals
* Sex Professions
* Sex Therapists
* Sex Therapists in New York
1. **Exact names of the library databases that were used for searching**

As discussed earlier, single source was not used for the purpose of searching data for this research topic. The topic chosen for this research paper was highly diverse, but sensitive as well (Patten, & Newhart, 2017). The databases that proved to be most beneficial for me in this respect are listed below:

* ProQuest Research Library
* PsycInfo
* Nexus Uni
* Literature Resource Center
* Web Of Science
* CQ Researchers
1. **How to find credible sources from various media sources**

Various sources from media, especially social media, helped me a lot in the completion of this project. I went through various social media sources to check and collect data for my research purposes and I found a lot of valuable information that could help me in the completion, elaboration, and understanding of my topic. Most of these sources included YouTube, Ted talk, Facebook, Instagram, and even Dailymotion helped me a lot in this respect.

1. **How helpful were the search engines like google.com and scholar.google.com regarding my research topic?**

I found Google.com and Scholar.google.com extremely helpful and beneficial with respect to my research topic and proposal. Google helped me in clarifying many concepts and finding much important and needed data regarding the sex workers and the sex professionals in my area. Moreover, Google Scholar assisted me a lot in finding specific research material. I easily found the research papers, articles and especially the research journals that I required for my research for this topic.

1. **Exact “Search String” or the “Search Query” entered in Google to search regarding the topic of Research**

As discussed earlier, I did not use any specific word or term while searching for my topic. In fact, a number of words or terms were used to search for this specific research paper. However, there were some specific terms that were repeated on a regular basis.

1. **Research Strategy or Information Source that was tried during this project and which proved to be helpful**

Although I have worked on many research papers before and have tried a number of research methodologies, a unique method or technique was used this time. In my past research processes, I only collected data from research articles or journal papers. The maximum that I went was telephonic interviews in order to collect primary or first-hand data, but for this research paper, I personally visited the sex therapist and interviewed him so that the most accurate information can be collected. This proved to be extremely helpful and I gained a bundle of knowledge or information that could not only help me with respect to this research paper but also with many other topics as well.

1. **Research Or Information Problem Encountered While Working On The Topic And How It Was Solved.**

One of the major issues I faced while conducting research for my topic was the perception of people and general public regarding the people working in this field. Most of the data found online were also biased and viewed this profession in a negative light. However, after talking to some professionals in this field, I came to know that almost all the perceptions about these workers were illogical and baseless.

**Conclusion**

In a nutshell, it can be concluded that it is not necessary that any person working in the area of sexuality is doing an odd job. There are many social workers or professionals who are working in the field of sex and sexuality without the inclusion of sexual favors. In order to prove the popular misconception wrong, I conducted research and composed a research article on sex therapists. This paper explained and highlighted how a sex therapist works and what are his or her exact job responsibilities. Moreover, it also threw light on the problems that a sex therapist faces while practicing his or her profession and how they overcome all these issues.

**References**

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Patten, M. L., & Newhart, M. (2017). *Understanding research methods: An overview of the essentials*. Routledge.

Strean, H. S. (2018). *Therapists who have sex with their patients: Treatment and recovery*. Routledge.