Institution

Student’s name

Course

Date

**Monochronic and Polychronic Time Systems**

Time system management is the process of planning and concentrating much on the need of utilizing time well when doing various activities. The aim of this concept is to increase the effectiveness the productivity and efficiency when it comes to dealing with different tasks (Wolburg & Taylor 2015). The time management system is made up of different components which include tools, techniques, various components, and methods. There are different forms of time systems which include Monochronic time system and Polychronic time systems.

In monochronic time systems, there is a linear system of time with a past, present, and a future. This means that things a done one at a time and time is divided into segments. In this system, there is a scheduling, arrangement, and management of time. For instance, the United States is viewed as a monochronic society. For Americans, time is a precious resource which can be divided into days, months, years or even hours. This time is utilized well I structuring people’s lives and the events that are being planned in the future. Time scheduling is also common in various institutions. This is where like at workplace people are expected to arrive at certain times, work and leave at a specified time.

In polychronic time system, different things are done at the same time and a more fluid approach is used in time scheduling (Ivaturi & Chua 2016). Asians, African and Arabian among other cultures make use of this time system. This system relies most on traditions and relationships rather than tasks. This is the reason as to why such cultures have no problem with lateness when it comes to meeting families or friends. This is because relationships are more important as opposed to time. For this reason, polychromic cultures have a less formal perception of time.

Discussion Questions

1. What are the advantages of polychronic time systems
2. Factors which enhance the practice of polychronic time system

References

Ivaturi, K., & Chua, C. (2016). Time in the Realm of Social and Mobile Technologies.

Wolburg, J. M., & Taylor, R. E. (2015). Celebrate the moments of your life: An investigation of time as a cultural value in American television advertising. In *Proceedings of the 1998 Academy of Marketing Science (AMS) Annual Conference* (pp. 363-367). Springer, Cham.