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[Date]

English: Literary Exploration

**Respect**

There is no specific definition of RESPECT because there are several considerations involved. The concept of respect is very big to grasp. Generally, Respect can be defined as the sense of the worth, esteem, and/ or someone's capability, quality, or personality that is considered as a manifestation of personal ability or quality. While in simple words, Respect is the feeling of one person or individual about the other one that how he/she treats the individual(s).

As a concept, respect refers to one’s ability to honor and value the other individual in front or behind. This involves showing respect in both; words and actions towards the person even if the person does not share or approve everything (Pavlina, N.P.). It also considered as the process of accepting the other person or individual not to change him or her as per your personality or concerns. Respecting others is not the process to judge or analyze the other person by his or her behavior, attitudes, and thinking level as well as it is not expecting someone to be otherwise (Browne, Annette, P.P. 213-215).

**How Respect affects us as People**

Generally, some types of respect come to see in our daily lives. These respects are associated with individuals including own self, groups, family, society, norms, laws, nature, and culture, etc. Each of these kinds of respect affects us in numerous ways as people (Browne, Annette, and P.P. 213-215). These respects are and how they affect us as people are elaborated below.

**Respect for Self**

This is the type of respect that refers to the ability of us to respect oneself, as well as to value and appreciate oneself. In other words, this the respect which says that we should accept oneself with no concerns that what other people would think about the decision. This affects us to be the people (people) who always have a gap to value and accept oneself. It affects us in a positive manner because it enables us to not reject and devalue oneself in or outside one’s society. It means that this type of respect makes us better people than we are.

**Respect for Others**

This kind of respect is the very actual and real shape of respect. For Other Respect refers to our ability to accepting and considering other people or individuals around us. It requires us to consider and accept others even there is the existence of a difference between the people or individuals or between the ways they think. This type of respect affects us in the most and credibly positive way. It affects so because it changes us to be better people for others nor for ourselves only (Browne, Annette, P.P. 213-215). Additionally, the effects of this type of respect that makes the ones who accept and consider lead to be the people who are considered great by society and surrounding people.

Some of the most common and appropriate examples of this type of respect include respect for elders, respect for family, for parents, for seniors, for both men and women, and respect for teachers as well as respect for the people of varying sexual orientation.

**Respect for Social Norms**

This is the type of respect which is shown by us towards the norms that make up and govern the society. This respect affects us as people in a way that it teaches and makes us accept and value the society you are a part of. Its impacts on us are positive because accepting and valuing social norms makes us the human who are accepted by the society he/she lives in (Browne, Annette, and P.P. 213-215).

The common examples of this type of respect could be; respecting the courtesy rules, belonging of other people or individuals, and listening and respecting the views and opinions of others in the society.

**Respect for Family Respect**

This type of respect that one shows towards another is noticed the most by everyone on the earth. This requires us to be able to understand, consider, and respect one another inside our families. This also allows us to consider and follow each and every rule set by the family (Browne, Annette, and P.P. 213-215). This affects us as people in an optimistic way because it makes us valued members of our families who are valued and honored by every family member.

**Respect for Nature and Culture Respect**

The respect for values is respect which refers to accept and honor each and every one of our own principles while respecting the culture means that one should understand that there are other believes as well as he/she should value and respect those beliefs. This type of respect affects us in a mode that as people, makes us the individuals who are considered as great and almost inspiring people by every society and human being. The people who respect other values the most and made the people who are considered as great and inspiring people can be seen in the shape of leaders (most of the time). They are considered so because they lead their own societies and communities while showing honor and respect for others' cultures and beliefs (Nils, N.P.).

The common examples of this type of respect can be witnessed in the shape of not trying to impose one's beliefs on another and avoiding creating rulings about others' opinions.

Finally, respect is important for us as people because receiving respect from others helps us to feel safe and express ourselves and vice versa. Being respected by others lead us as people to grow up knowing how to respect others. It also builds trust, well-being, and safety as well as improve our learning as people.

**Work Cited**

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