Title page

Scholarship and Nursing practice

Day 3 week 6

I have selected the article (Kok & Reynolds, 2017) pertaining to my practice area of depression. The topic is of particular interest to me because I want to become professional healthcare provider. The article highlights the interventions for preventing depression in the primary care. I am also interested in the topic because stress is one of the critical health problem faced by older people in the current world settings. It is thus important to identify methods that a professional nurse can adopt for preventing depression among patients.

I retrieved the article from Walden University database. I did not find any such difficulty in finding the article. I entered the keywords ‘depression and nursing. A list of 25 articles were opened. Then I chose the most relevant ones that were suitable for the topic. This allowed me to choose the 5 most relevant articles that identifies nursing role in preventing depression and interventions for providing them adequate care (Bruce, 2015).

The database will be useful for the colleagues because it is credible and provide adequate information on depression. Young healthcare providers who are aiming to specialize in mental health issues would gain meaningful information. This will provide information about the challenges that a healthcare professional face in treating depressed patients (Kathleen, 2006).

I would recommend this database to the other healthcare professionals who are working in at hospitals and clinics. This is because they would be able to learn about the interventions and ways of treating depression in patients (Peplau, 1992). The database provides credible information that will enhance their knowledge and allow them to adopt adequate measures for maximizing care and welfare. I would also recommend this database to the professionals so they could manage to commit fewer errors (Ranheim, Kärner, & Berterö, 2011).

References

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