Title page

Assignment

FYS Week 5

The test taking strategies that I have implemented for preparing posttest include listening attentively to the instructions, reading test directions with full concentration, and planning time allocation. Careful reading of the instructions will be useful in General Education Course because it will help me in recalling the required information. In the course these strategies will allow me to memorize things.

FYS Week 6

I will navigate through SmartPrep by focusing on weaknesses of each module including math, science, language and English. Through a personalized study plan I would be able to give adequate time to each module separately. This will allow me to score better in every subject. SmartPrep online practice tests have allowed me to enhance my knowledge in English and math.

FYS Week

My results of each module depicts that SmartPrep has contributed to my overall academic improvement. I scores A grade in all four subjects that exhibits the positive impact of the SmartPrep course. During taking test I adopted the strategy of managing time and completing all sections within the given duration. I read the instructions carefully that allowed me to recall the course material.

FYS Week 8

I believe that the course has contributed to my overall academic development because I have been able to enhance my academic preparedness. The tutorials helped me in creating personalized study plans that improved by ability of learning and retaining course material.

PSY Week 6

Psychology today is capable of explaining the changes experienced by humans in later life. It explains that human beings continue to experience change even after adolescence. The concept of social and emotional aging explains that people exhibits different behavioral patterns as they get old. This is due to the changes in the socio-economic settings (Charles & Carstensen, 2010).

Reference

Charles, S., & Carstensen, L. L. (2010). Social and Emotional Aging . *Annu Rev Psychol, 61*, 383–409.