Personal Paper

[Name of the Writer]

[Name of the Institution]

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**Introduction**

Being a psychologist was my dream since when I first read a novel by Sidney Sheldon ‘Tell Me Your Dreams.' This book was about the way Multiple Personality disorder case casted my critical thinking into going into the psychological support to the other people. This was considered as the turning point of my life to leave what I have dreamt of since childhood, i.e., to be a pilot and start doing what just intrigued me from a psycho novel. This process was not just it; in fact, I did a lot of research and gathered a complete array of information from wherever possible way I could gather. It was the best career for me as I know how it fired the shot in me for being the world's topmost forensic psychologist. It paved my path on the road to the human mind and behavior.

The other options were not as appealing in a critical manner as this choice was; besides this is an exciting and easy subject, concerning the extensive studies of doctors and pilots. The most significant advantage of choosing to be private psychology practitioners is that they are highly paid, about $200,000 to the employees of the United States of America, and they can practice in hospitals as well as on their clinics. This personal paper will provide a broad and critical approach towards critical thinking while choosing a career path which I did not intend to select at first, and the turning effect it had on my life.

**Discussion**

Psychology is the field related to the study of human and animals mind and behavior; little did I have an interest in animals. The thriller, mysterious and bloomy books have a significant role in sharpening my mind for choosing psychology as a career. However, there are indeed other significant factors in shaping my opinion of choosing psychology over the job of being a pilot. These factors rely heavily on my decision-making skills, i.e., perception, believing, knowing and most importantly problem-solving concerning choosing or opting for the critical decision of my life.

Choosing a career is not an easy task or something you get an intuition of. So that one day you wake up and decide to be something else in life. It's a long process of different calculation, manipulations, and computation regarding the ups and downs of what a person chooses as a career. Thus critical thinking and decision making both have a very crucial role regarding choosing an academic path or majors. By the age of 17 I was no more a little girl fantasizing over a novel; slightly I grew up to be a more sensible girl of my generation. As I was always indulged into reading and looking, things and places always fascinated me from a particular perspective, and I looked at things from a distinguish world view.

The varying degree of perception made me into a deep problem-solver, enhancing my critical thinking skills very crucially. While opting for a college, I considered many other options which I had in my mind since high school. I demanded a different set of counseling while I was with my career counselor. I requested her to give me proper settings while I am choosing my career, as was required by other students as well. But I managed her to provide me with individual sessions because I was too confused with alternatives my family and teachers were giving to me. My teachers thought I could’ve been a better botanist or zoologist than a psychologist, regardless of knowing that I am more into the minds of plants and animals than knowing about their genre or kingdom.

I made that decision after consulting my career counselor; she ran specific intelligence tests and aptitude tests for letting me know the potentials I have while I am opting for a career. I scored well in critical thinking, mind, and gesture reading tests. All such inventories were to confirm the ability I have in this regard. These tests also measured the levels of empathy, sympathy, resilience, and motivation. During these sessions I realized that it was not only the one novel which changed my mind in taking the life-long decision of my career, standing at a crucial point.

Choosing psychology required a major hard work in researching the pros and cons of this subject as a career. First I learned about the subfields of psychology, which included the clinical, applied, forensic, child, etc. so out of these entire sub-branches of psychology I opted forensic because it was the least explored field of psychology which made it worth the exploration. Likewise, the strength of forensic lies in the fact that it is the most thrilling part of the career which contains interesting cases and investigations which will lead towards the solution of crime according to the perspective of the law and regulations. The book of Sidney Sheldon was also about the way this Multiple Personality disorder case did my thinking into going into the psychological support to the other people.

The most significant advantage of choosing to be private psychology practitioners is that they are highly paid ($200,000) employees of the United States of America and they can practice in hospitals as well as on their clinics. This career is entirely about the support and helps provided to the patients who get stuck in the criminal cases and besides being on the right side they lose their cases due to the reason of psychological issues like lie-detecting is not operated in more courts and bars while prosecuting and investigating the criminals. Thus this gives a biased ruling towards the case.

The other options were not as appealing in a critical manner as this choice was, besides this is an exciting and easy subject, with regard to the extensive studies of doctors and pilots. The psychological tests clearly showed that I would not succeed in taking the course or significant I am not interested in and my parents, teachers, and society are just imposing them. Also, I do not see any more advantages or minor disadvantages in any of those careers. The factors regarding my critical thinking rely heavily on my decision-making skills, i.e., perception, believing, knowing and most importantly problem-solving concerning choosing or opting for the crucial decision of my life.

**Conclusions**

Concluding this paper on the information is provided in making a crucial decision of life, that is choosing psychology as my primary and opting to become a forensic psychologist. Psychology will prove to be the broad and critical approach towards critical thinking while selecting a career path which I did not intend to choose at first, and the turning effect it had on my life. It is the field related to the study of human and animals mind and behavior, conduct and attitudes. The critical thinking and decision making both have a very crucial role regarding choosing an academic path or majors as it helped in mine. After running a couple of psychological tests, the instructors showed me the reason for selecting the forensic psychology.

Critical thinking is an essential aspect of letting people makes decisions using their knowledge, interpretation and implementation strategies. Thus there are sure cons and pros regarding the career of forensic psychology, but that is worth taking than the other profession.