Case Study Age 3-5

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The years of preschool are considered as a magical time for children's development. A child moved entirely from being dependent on parents to fully independent state. They develop virtually in each aspect, their base knowledge as well as competencies can be explored in this age, which also includes their emotional and social skills("Social Development in 3-5-Year-Olds | Scholastic | Parents," n.d.).

# Family and Home Factors

Amelia, she is a three-year-old girl lived in North Manchester. She lives with her parents and three sisters, in which one is an identical twin. Her family located at the country home at a dairy farm that is partially owned by her father with her grandfather and uncle. Her father George is married to her mother Sophia for almost seven years. Despite her premature birth, she is developed normally. She went to church daily with her family and friends. Most of her immediate family members live very near to her home almost on 30 minutes’ walk. She used to enjoy playing outside, coloring and ice cream but she doesn't like cleaning her mess and bedtime.

## Physical Appearance

Since birth, Amelia is developed normally. Her mother reminded her pregnancy as experiencing the active constant move of twins. The physical features of Amelia are identical to her twin sister. She has pale skin tone, brown eyes, and sandy blond hair. Her weight is at average scale lower end which is almost 35 pounds(Bauman, n.d.). She also has small feet with a six shoe size. But it is not a difficult task for her to drink from the fountain due to her 35-inch frame. She well maintained her active lifestyle as she went to the pool for swimming and also she ran around the house all the time. When she reached 4 she could easily throw as well as can catch the ball. Her favorite hobby is doing watercolors through which Amelia has well developed a good motor skill of her age. While dancing she can demonstrate her dancing skills through jumping on her both feet as well as the ability to haul at one foot as well.

### Cognitive Abilities

According to Amelia's mother, cognitive abilities are developing normally in her. As her mother recalls, during the parental year she did not consume alcohol or any other drug. The infancy, as well as toddlerhood, bring almost average cognitive behavior. Although her baby sitter said that she is more vocal than her twin sister and she uses to babble always. From personal observation, she always shows normal behavior towards self-centeredness. At the age of 4, she could easily produce the sentences naturally with minor grammatical errors. In the preschool years, she learned word syntax and vocabulary quite efficiently. According to her teacher, she is speaking words better and her conversations are now longer. For example, when singing the well-rehearsed song in the auditorium she hasn't made any mistake. Amelia is also a well-mannered girl she knew where she has to hang the coat and where to place her backpack. She is also good at recognizing the different animals.

#### Emotional Development

According to Amelia's baby sitter, she developed emotionally on schedule. Her mother used to sing a song and read stories daily when she was unborn. Through the natural viewpoint, it is observed that the personality of Amelia is similar to both of her parents. Following her babysitter, she is like her father when giving an opinion and she also wanted to become a leader in each situation this quality of her came from her mother as well. Her parents taught her moral values which include caring and sharing. Amelia always wanted to be involved in social acknowledgments. Amelia's mother used to participate in the classroom activities and used to behave courteously which she intimated. Though it is reported by her teacher that sometimes conflicts do arise when she is playing with her favorite toy. As she has a well-developed skill of ownership and she became extremely upset when someone took away her belongings. Though Amelia has various friends in the classroom she used to remain tightly bonded with her sister and it became hard for others to come in play when these twin sisters are playing.

##### Summary

Amelia is well developed in every area which includes cognitive, physical and emotional abilities. According to her caretaker, these areas are not only naturally present in her but also nurtured. For the emotional referencing Amelia used to look at her parents. Through the observational perspective, I observed all the three areas are normally functioning in her. It can also be seen that Amelia is nurturing in an ideal environment.

**References**

Bauman, E. (n.d.). *Case Study of a 3-Year-Old Female*. 6.

Social Development in 3-5-Year-Olds | Scholastic | Parents. (n.d.). Retrieved November 18, 2019, from https://www.scholastic.com/parents/family-life/social-emotional-learning/development-milestones/social-development-3-5-year-olds.html