[Name of the Writer]

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[Subject]

[Date]

Essay 1

**Introduction**

This world is full of lonely people stuck in large crowds. Many individuals in this world who feel very lonely and isolated, even though they are surrounded by a lot of people, who include their friends, family members, colleagues, class fellows, university fellows and many other. Still, the presence of all these and many other human beings in their life does not make them happy, and they still feel left out. Although these lonely individuals lead a normal life just like many other people, they go to school or college, have a job, go for outings, they even hang out and party with their friends, still there is a void which no one can fill. Writer and artist Johnny Sun clearly understand the issues and mindset of such individuals and hence elaborates it in his recent TED talk “You are not alone in your loneliness” (Sun). Sun adopts the stance that it is completely ok to feel lonely and isolated, but this situation can be eliminated or at least reduced by sharing your feelings with others. The best way to do so is by sharing your feelings on social media.

**Discussion**

Loneliness is a killer; it sucks the positivity out of a person and drives him or her crazy one day. It pushes a person gradually towards depression and makes them unable to fully participate in the walk of life. The term “loneliness” does not refer to the state of being physically alone, but to the mental condition in which an individual feel that nobody gets them and they are the only one who thinks like this on the whole planet (Weiss, 2016). Studies have proven that a large number of people are suffering such feelings and this number is growing every day.

In a latest Ted Talk, Johnny Sun, a well-known writer and artist, presents his ideas about how exactly being lonely feels and what should a soul do, in case he or she is having such feelings. The idea about loneliness was present brilliantly with the use of multiple aids. The speakers did not just rely on speaking but also took great help from audiovisual aids. In order to make the speech more relatable, the speaker used his personal example in many instances, which helped the audience to connect with the speech and understand the message being conveyed more appropriately.

In addition to all this, one of the unique things that were done by the speaker was the use of animations or cartoons. This is also probably the most interesting aspect of this whole talk. As Johnny Sun was speaking, he was also elaborating the concept or the message being conveyed through the use of a story of an alien, who had recently landed on Earth and feels very lonely and deserted. As the story proceeds, the characters in the animated story also move along and goes in the direction in which, Sun wants to take them. Moreover, another effective and brilliant technique used by Johnny Sun in this speech was the mentioning of personal instances at various places. It is a very method to grab the attention of the audience and keep them hooked to what is being said.

**Conclusion**

In a nutshell, it can be concluded, that no one is alone in their state of loneliness. In fact, there are thousands of people all over the world who feel the same way. The only problem is that people shy away from sharing their feelings, Famous writer and artist Johnny Sun suggests that in order to eliminate or lessen these hurting thoughts, a person should come out of their shell and share their feelings with that they can some better ideas how to cope up with their state of loneliness.

Works Cited

*You are not alone in your loneliness*. Perf. Johnny Sun. Prod. TED Talk. 2019. Video. <https://www.ted.com/talks/jonny\_sun\_you\_are\_not\_alone\_in\_your\_loneliness#t-617242>.

Weiss, R. S. (2016). Loneliness: The experience of emotional and social isolation.