Barriers to Care

[Name of the Writer]

[Name of the Institution]

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Suicide and homicide are becoming a serious social issue in recent times. One can hear news of various such crimes in their locality every now and then. The homicide rate in San Diego has raised to a dangerous level where the homicide rate was 14 in 2017 and in 1028 it has raised to 15. Same is the case for the suicide rate where 458 people took their lives in 2017, 27 people more than in 2016.

The lawmaking and enforcement agencies make sure that the incidents of suicide and homicide are kept under control to the maximum levels. The main reasons for the occurrence of such incidents are numerous which include stress, depression and various other psychological disorders (Cantrell, & Lucas, 2014). When an incident of suicide or homicide takes place it raises concern not only for the law enforcement agencies but also for the healthcare sector, especially the psychological department. It is an alarm for the medical practitioners working in the field of psychology that unaddressed psychological issues are prevailing in the society and they should be immediately resolved, but there are certain barriers in the way that do not allow the resolution of these problems.

These barriers include both organizational and financial problems that come in the way of treating individuals with psychological issues. One of the prominent organizational barriers among these is the persona that is affected by alcohol and substance abuse. Another barrier that is financial in nature is abused by individuals and the high cost of healthcare in the region. Both types of these barriers can be overcome by the providence of proper and appropriate health coverage plans. In addition to this, the medical companies and the insurance health providers should minimize their profit level so that the highest quality of health care can be provided to the residents of San Diego.

There are a number of resources that can help in the prevention of issues like suicide and homicide. There is a suicide prevention council that can help suicidal and depressed individuals to stay away from their aims. In addition to this homicidal issues or cases can be reported to the San Diego Homicide Unit (Martinez Jr, 2014).

**References**

Cantrell, L., & Lucas, J. (2014). Suicide by non-pharmaceutical poisons in San Diego County. *Clinical toxicology*, *52*(3), 171-175.

Martinez Jr, R. (2014). *Latino homicide: Immigration, violence, and community*. Routledge.