Scholarly Article

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Decision making for nurses in their evidence-based practice (EBP) is a very essential thing in health delivery systems. This practice can be made more effective in introducing patient preferences in it. Healthcare delivery in EBP means when a sound balance is kept between the scientific data and individual preferences of the patients. The main purpose of the study is to find out how good nurses maintain effective relationships with their patients considering patient preferences. It also suggests how this knowledge helps them in making decisions to provide quality care. This study is based on qualitative design, data collection, and analysis along with participant observation based in the Netherlands (Den Hertog & Niessen, 2019).

Findings of this study suggested that the individual preferences are imperative in maintaining careful coordination among nursing care and patient norms and preferences. Nurses need to remain in contact with their patients regularly. Three types of communication tools were found out that nurses use to attend to their patients. First is making a click with the patient, in which they make a connection with them within few minutes by physical contact on their hands or legs to show affection, a little humor or any kind gesture. This click helps the patients to open up with their nurses and make communication easier. The second strategy is monitoring the behavior of the patients and the response of the nurses. Nurses use their intuitions and sense the patient's feelings towards any treatment. The last tool is asking emphatic questions from the patients about their feelings and assessment of the situation. It helps nurses to inspire the patients and make them anticipate the progress (Al Danaf et al., 2018). Another interesting finding is that nurses take out time from their busy schedules to interact with their patients.

This study can prove to be significantly useful in improving health delivery in evidence-based practice. It is important to understand the value of the patient-nurse relationship and how it can affect the quality of care. The methods mentioned in this study used by nurses to interact with their patients should be implemented more often. I believe considering the patient preferences and maintaining open interaction with them can boost confidence in them and make the care process efficient. More studies like this should be conducted to validate the findings.

**References**

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