Case Study 2

[Name of the Writer]

[Name of the Institution]

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Autism is a neurobehavioral condition consisting of difficulty in communicating and interacting with others. As each person is different likewise, the symptoms of the people having autism is also different. Autism depends upon various factors that include environmental factors or maybe genetics. Due to the complexities in symptoms and levels of autism, it is accompanied by some other medical issues like sleep disorder or seizures, etc.

Children having autism face numerous difficulties in expressing themselves as they do not understand what other people feel or think. They are often sensitive towards different senses like touch, smell and, sound. This makes it hard for them to get an education. Although many schools offer special care and treatments for the children having autism, yet it is again a huge decision for parents to make what is good for their child. In this paper, I will discuss two main approaches that are “*Applied Behavioral Analysis*” and “*treatment and education of autistic and related communication-handicapped children*” to see which one is more effective.

“ABA” that is “*applied behavioral analysis”* is a therapy that provides us with insight into the behavior of an individual that how a person behaves during different circumstances. It is a flexible treatment that can be provided in school, home and, etc. This also helps people to cope up with their disability by focusing on their strengths. The instructor sets a goal for every meeting and helps the patient to achieve that. These include communication skills, music skills and, many more. The other approach that is also very effective is” *treatment and education of autistic and related communication-handicapped children*” (TEACCH). This approach is used for almost more than a decade. This is more of a structured approach that includes tasks utilizing visual information, physical tasks depending upon the environment and, etc. I personally believe that (TEACCH) approach is more effective as it covers the needs of people with different level of autism. Although the ABA approach helps in building confidence by studying the behavior of an individual yet TEACCH approach helps them to cope up with their disability providing them with different mediums to understand like visual information, etc.

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**References**

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