Assignment 7- Chapter 10 Interpersonal Relationships Types and Theories

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**Q1**

Relationships defined as two or more people are connected to each other. The connection may be based on love, support, solidarity or inference. The verbal and nonverbal behaviors between or among the characters are the facial expressions, body postures, visual attention, interpersonal distance, gaze, sounds, words and tone of voice.

**Q2**

According to attraction theory, the type of attraction exists among or between characters can be physical attraction, social attraction or task attraction. These attractions are based on the looks or features of an individual, on the personality of an individual and on someone's ability.

**Q3**

The relationship in terms of social exchange can be described as a relationship between two parties that apply cost-benefit to find out risks and benefits. For example, friends with benefits, friendship is based on giving benefits to each other. The relationship in terms of equity theories is the relationship which determines that the resources are distributed equitably to both partners. Equity theory is being applied in business settings so that employees expect a fair return for what they contribute to the business.

**Q4**

Relationship dialects theory helps us to understand how our communication takes part in the different type of interpersonal relationships and how it helps in maintaining a balanced relationship. The theory focuses on the struggles and tensions in a relationship. Example of dialects relationship operating here can be a relationship between two people who are working at some job. Both people understand that to make their relationship strong they need to stay close to each other, and they also knew they have a professional relationship, so they need to communicate with each other to maintain their relationship.

**Q5**

Relationship partners should be supportive of each other. They should be honest with each other and most importantly trust each other. Relationship partners should compromise and value each other’s interest, and they should respect each other’s opinion. They violate sexual rules at the workplace, and they fought with each other at a workplace.